SHE Academy 2020 program

Monday November 2nd 2020 15.30-17.00 (UTC+1, Amsterdam time)

15.30-17.00   Technical test run (optional)

Wednesday November 4th 11.30-15.10 (UTC+1, Amsterdam time)

11.30 – 12.00   Log in – technical issues

12.00 - 12.15   Welcome (SHE & Maastricht University)

12.15 – 13.00   Getting to know each other

13.00 - 13.30   Introduction to SHE - Kevin Dadaczynski, Fulda University of Applied Sciences

13.30-13.45   Break

13.45 – 14.30   Keynote #1 *Health Literacy in schools*
Leena Paakkari, University of Jyväskylä, Finland
Orkan Okan, Bielefeld University, Germany

This keynote will provide an overview of current evidence and knowledge on health literacy in relation to education and schools globally. It will link health literacy with concepts of health promotion such as the Health Promoting School framework and give impetus for the work and interaction in the SHE Academy.

14.30 – 15.10   Q & A and closing of the day

Thursday November 5th 8.30-16.00 (UTC+1, Amsterdam time)

8.30 – 9.00   Log in

9.00 – 9.05   Welcome todays program

9.05 – 9.50   Healthy schools in complex adaptive systems.
Stef Kremers, Maastricht University

9.50-10.00   Break

10.00 – 12.00	Participants present their own projects in groups and get feedback in subgroups– session 1

Group 1 Hosted by Leena Paakkari
Group 2 Hosted by Orkan Okan
Group 3 Hosted by Julie Dalgaard Guldager
Group 4 Hosted by Kathelijne Bessems

12.00 – 13.00	Lunchbreak

13.00 – 13.45	*Keynote #2 Health literacy in research, practice and policy* Leena Paakkari, University of Jyväskylä, Finland Orkan Okan, Bielefeld University, Germany

This keynote will provide insights to research, practice, and policy in the field of health literacy and how it relates to sustainability development. During the presentation findings from specific projects will introduced for example from HBSC and further studies and implications will be drawn for health literacy practice. It will also look on global health literacy networks, their ties to schools, and why policy making is critical to ensure that health literacy is recognized and promoted in society.

13.45 – 14-15	Q & A

14.15 – 14.30	Break

14.30 – 16.00	Participants present their own projects in groups and get feedback in subgroups– session 2

Group 1 Hosted by Leena Paakkari
Group 2 Hosted by Orkan Okan
Group 3 Hosted by Julie Dalgaard Guldager
Group 4 Hosted by Kathelijne Bessems

Friday November 6th 9.00-12.00 (UTC+1, Amsterdam time)

9.00 – 11.30   Group sessions in smaller groups. You can choose two sessions. A more elaborate description can be found on the SHE Academy padlet.
Session #1: 9.00 – 10.00
Session #2: 10.30 – 11.30

Topic 1. Co-creation of a virtual reality alcohol prevention app – another way of gaining health literacy. Julie Dalgaard Guldager, University of Southern Denmark and University College South Denmark

Topic 2. The link between physical activity and learning. Jesper von Seelen, University of Southern Denmark and University College South Denmark

Topic 3. Standards and indicators of the Health Promoting School. Emily Darlington, Université Claude Bernard Lyon 1, France.

Topic 4. A contextual action-oriented research approach – experiences and obtained insights. Nina Bartelink and Gerjanne Vennegoor, Maastricht University, the Netherlands

Topic 5. The development, implementation and evaluation of the Good Affordable Food program and the Up for Cooking program for families with lower socio economic positions. Lisa Harms & Kathelijne Bessems, Maastricht University, the Netherlands

11.30 – 12.00   Closing