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Schools for Health in Europe

Assembly meeting and Capacity building workshop

2nd -3rd June 2021

Online Zoom meeting

All times on the agenda are stated in Oslo time (CET) - **be aware of any time difference**

Background

What is the SHE Assembly meeting?

The SHE Assembly is the basic steering and decision-making body of SHE, and an Assembly meeting is held annually. All members of SHE (national coordinators, regional coordinators, members of the research group) can participate in the SHE Assembly meeting. In connection with the meeting, a capacity building workshop takes place.

Aim of the meeting:

The aim of the meeting is that SHE's national / regional coordinators get increased knowledge and skills on school health promotion and get inspired to use their increased knowledge and skills in their national and regional networks.



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Agenda

Wednesday 2nd June 2021, 12:00 – 15:15 (CET)

11.30 - 11:55 Testing connections
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12:00 – 12:15 Cultural intermezzo, Welcome to Bergen, Norway (the host organization)

12:15 - 12:25 Welcome, election of chairperson, election of keeper of the minutes

12:25 – 12:30 Group photo

12:30 - 13:00 International coordinators report (Anette Schulz, SHE manager)

13:00 – 13:15 Break

13:15 – 13:25 Presentation of work performed by the SHE Research Group (Marjorita Sormunen, chair of the Research Group)

13:25 – 13:35 News from WHO (Martin Weber, WHO)

13:35 – 13:45 Information about the financial statement for 2020 (Nina Grieg Viig, Norwegian national coordinator)

13:45 – 13:55 Information about budget for 2021 and the process of applying for funding for 2022 and forward (Anette Schulz, SHE manager)

13:55 – 14:05 Presentation of the two board members elected for a 2-year period (election is done per email before the meeting)

Presentation of one substitute SHE Board member elected for a 1-year period (election is done per email before the meeting)

14:05 – 14:20 Break

14:20 – 14:40 Presentation: Health promoting schools in the time of COVID-19 (Veronica Valesco, Lombardy region, Italy, regional coordinator)

14:40 – 15:00 Subscription to SHE newsletters (Annamaria Somhegyi, Hungary, national coordinator)

15:00 – 15:05 AOB

15:05 – 15:15 Closing of the day, including evaluation and information about tomorrow (Ulla Pedersen, SHE secretariat)



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Thursday 3rd June 2021, 9:00 – 13:00 (CET). Theme: Mental health

08.30 - 08:55 Testing connections

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09:00 – 09:05 Welcome

09:05 – 09:20 SHE's factsheet 2021 on mental health (Catriona O'Toole and Emily Darlington, members of SHE's research group)

09:20 – 09:35 "This is me" - prevention programme (Domen Kralj, Psychologist at the NIPH, Slovenia)

09:35 – 09:50 Happiness triangle in education (Eline De Decker, senior staff member, 'mental well-being' at the Flemish Institute of Healthy Living, Belgium)

09:50 – 10:00 Break

10:00 – 10:20 Children explore mental health and wellbeing at school: Members of Children's Parliament (MCPs) Scotland, with Children's Parliament staff Colin Morrison and Katie Reid

10:20 – 10:35 "Our needs and thoughts relating to the school environment"...firsthand from a youngster's perspective (Val Stankovič Pangerc, a 1st year student from Gimnazija Vič (highschool), Slovenia)

10:35 – 10:45 Break

10:45 - 12:00 Discussion in groups:

a) Reflections on the voice of the pupils in the work with mental/emotional health and wellbeing

b) How can we support a focus on mental health in everyday life at school beyond the time of corona, based on a strong focus on pupils' participation?

12:00 – 12:20 Break and a possibility to read the shared notes from discussion groups

12:20 – 12:50 Plenary summary

12:50 – 13:00 Evaluation and closing of the Assembly meeting and capacity building workshop (Anette Schulz, SHE manager)

(Date for revision of agenda: 2nd June 2021)