



GEZONDE SCHOOL

The Netherlands “Good practices and themes”



Marije van Koperen, Reykjavik, 21 june 2019

Number of schools in The Netherlands

- **6.500 primary schools**
 - 1.148 Healthy Schools
- **650 secondary schools (1600 locations)**
 - 343 Healthy School locations
- **60 vocational schools (450 locations)**
 - 102 Healthy School locations



Total Healthy Schools 1593





Healthy School Programme

- Whole school approach (Education, Policy, Signaling, Social and Physical Environment)
- Directed towards primary, secondary and vocational schools
- Demand driven program
- Continuous learning
- Local and National Supportive structures incl additional budget for schools
- Quality mark (Healthy School vignette)
- Multiple themes
- Social Media & communication



Collaborating partners

- Ministry of Health and Wellbeing
- Ministry of Education, Culture and Science
- Ministry of Social Affairs
- Ministry of Economic Affairs
- Educational councils   
- The National Institute for Health and Environment (RIVM)
- The Association of Community Health Services (GGD GHOR NL)
- Multiple National Knowledge Institutes



Healthy School Themes

Lifestyle themes of the program Healthy School classified by type of education

Primary education	Secondary education	Vocational education
Nutrition [^]	Nutrition [^]	Nutrition [^]
Physical activity	Physical activity	Physical activity
Smoking and alcohol	Smoking, alcohol, and drugs	Smoking, alcohol, and drugs
Well-being	Well-being	Well-being
Relationships and sexuality	Relationships and sexuality	Relationships and sexuality
Physical safety*	Physical safety*	Physical safety*
Environment and nature	Indoor environment	Indoor environment
Media literacy	Media literacy	Media literacy

** Since 2017 this theme includes prevention of hearing loss.*

[^] Since 2017 this theme includes oral health.



Assessment Framework Criteria for HS themes

1. The theme contributes to student health and learning performance
2. Both Education as Government support the theme
3. A knowledge institute is available as theme owner
4. The theme is elaborated on the four HSP pillars (Education, Signaling, Environment and Policy)
5. 'Recognized interventions' on the theme are available
6. Healthy School Advisors and Healthy School Coordinators can be offered additional and / or continuing training on the theme (by the theme owner)
7. The theme owner has manpower and knowledge available to perform assessments and audits of Healthy School Vignette (quality mark) applications.

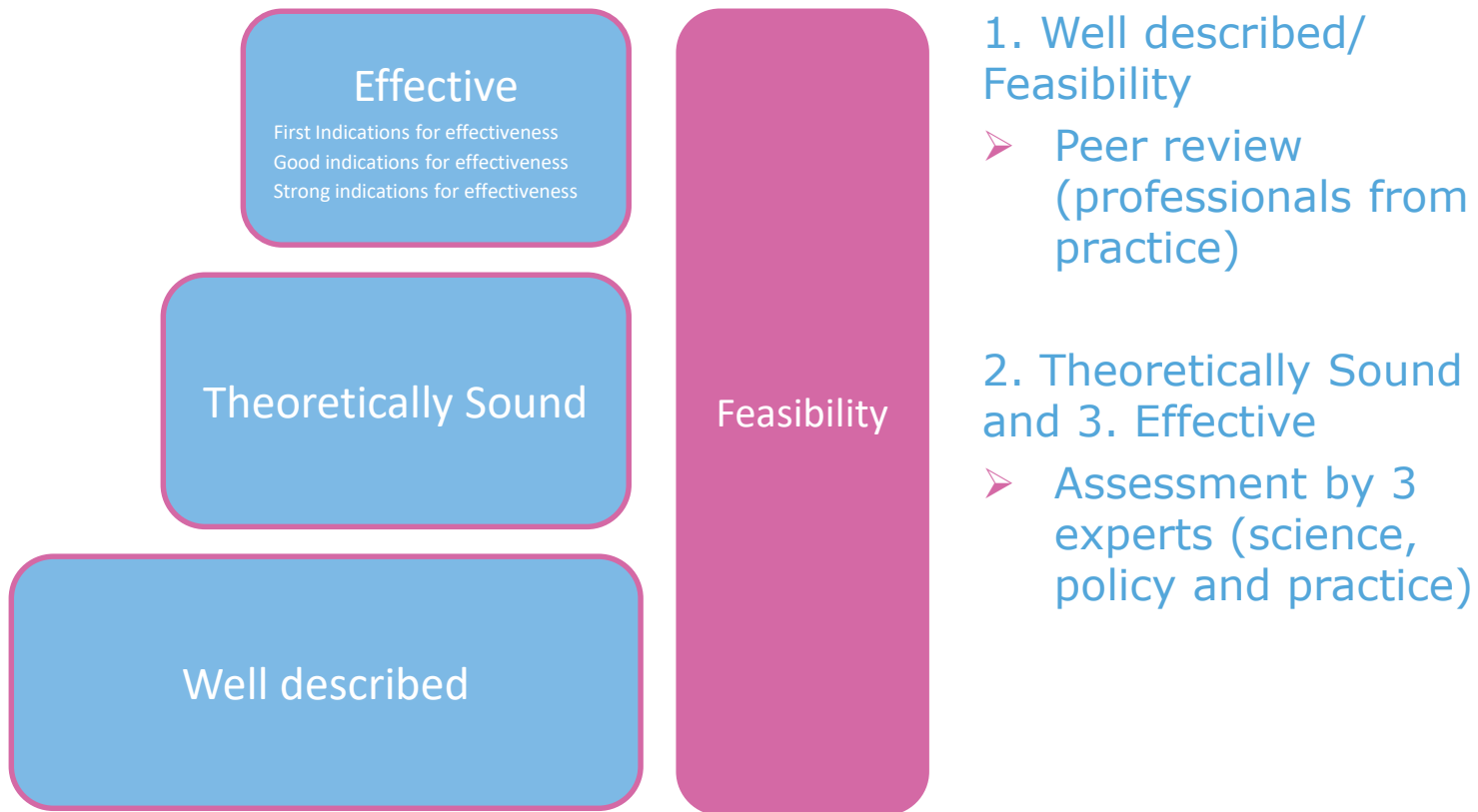


Criteria of Good Practice: vignette criteria

- Criteria of good practice are specified within the four pillars (Health education, School Policy, Signaling, Social and physical environment)
- HSP promotes the use of evidence-based interventions in schools
- The Healthy School Vignette can only be achieved when working with 'recognized interventions'
- The National Institute for Health and Environment (RIVM) established the intervention database Healthy and Active Life
- Interventions are categorized by the level of quality, target group, and the addressed lifestyle themes



Recognition System for Public Health Interventions





Healthy School coordinator

- A teacher or director
- Prime responsible for the Healthy School planned approach at own school
- Often internal motivated to make healthy changes in the school
- Educated on the HS planned approach by the HSP expertise promotion project
- Educated on themes by intervention owners and knowledge institutes
- Supported by....



Healthy School Advisor (>70 in NL)

- Works at the Regional Public Health Services
- Often an Health Promotion/Health Education/Public Health specialist
- Advises HSC in HS planned approach
- Advises HSC on children's health (epidemiological data)
- Advises on choice of interventions (mix)
- Supports and advises on social support and school policy
- Supports route to Healthy School vignette
- Manages local collaborations with local professionals in prevention and care, local policy members in sports and public health



Supportive System

- Annual registry of schools willing to participate
 - 3000,- Euro per school
 - 10 hour free support from the Healthy School Advisor
 - Training sessions for the Healthy School Coordinator
 - Waiver for the Vignette application
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- 2019-2020 year: 1250 applications
 - 850 approved
 - Priority Schools: Low SES areas, Special needs schools, first time applicants

THANK YOU FOR YOUR ATTENTION

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Educational system in the Netherlands

- Elementary school: 4-12 years
- Secondary school: 12-16/18 year
- Vocational training: 16-20 years
- Higher education: 17/18- 22 years

Government financed:

- public schools: controlled by municipalities
- special (religious) schools: controlled by school boards - Catholic, Protestant, Jewish, Muslim.
- general-special (neutral) schools: controlled by school boards - educational philosophy

Almost no private schools

