

School health in Europe the WHO perspective

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The 17 Sustainable Development Goals

1. Poverty
2. Food security and nutrition
- 3. Health**
- 4. Education**
5. Gender equality
6. Water and sanitation
7. Energy
8. Economic growth and employment
9. Infrastructure, industrialization, innovation
10. Equity
11. Cities
12. Consumption and production
13. Climate change
14. Oceans, seas and marine resources
15. Ecosystems
16. Peaceful and inclusive societies
17. Means of implementation



European strategy for child and adolescent health

- **To enable children and adolescents in the WHO European Region to realize their full potential for health, development and well-being;**
- **To reduce their burden of avoidable disease and mortality.**
- **Countries will set their own objectives to meet their specific needs.**



Priorities

- Making children's lives visible
- Addressing the unfinished agenda of preventable death and infectious disease
- Transforming the governance of child and adolescent health
 - Supporting early childhood development
 - Supporting growth during adolescence
 - Reducing exposure to violence and shifting societal approaches from criminal justice to preventive and therapeutic services
- **Protecting health and reducing risk**
 - Achieving a tobacco-free millennial generation
 - Promoting healthy nutrition and physical activity
 - Tackling depression and other mental health problems in adolescence
 - Protecting children and adolescents from environmental risks



Monitoring of European CAH strategy implementation

Strategy report 2018 - Situation of child and adolescent health in Europe:

- Provides detailed information
 - on the state of child and adolescent health
 - related policies

Country feedback and country profiles

All information accessible European Health Information Gateway

→ <https://gateway.euro.who.int/en/datasets/cah/>

Situation of child and adolescent health in Europe



Health Policy

Overview of health policies according to the CAH Baseline survey 2016

1. CAH governance and strategy

Achievements	Possible areas for action
<ul style="list-style-type: none">• There is intersectoral and cross-governmental planning for CAH	<ul style="list-style-type: none">• There is no national CAH strategy

Child and adolescent health in Europe: monitoring implementation of policies and provision of services



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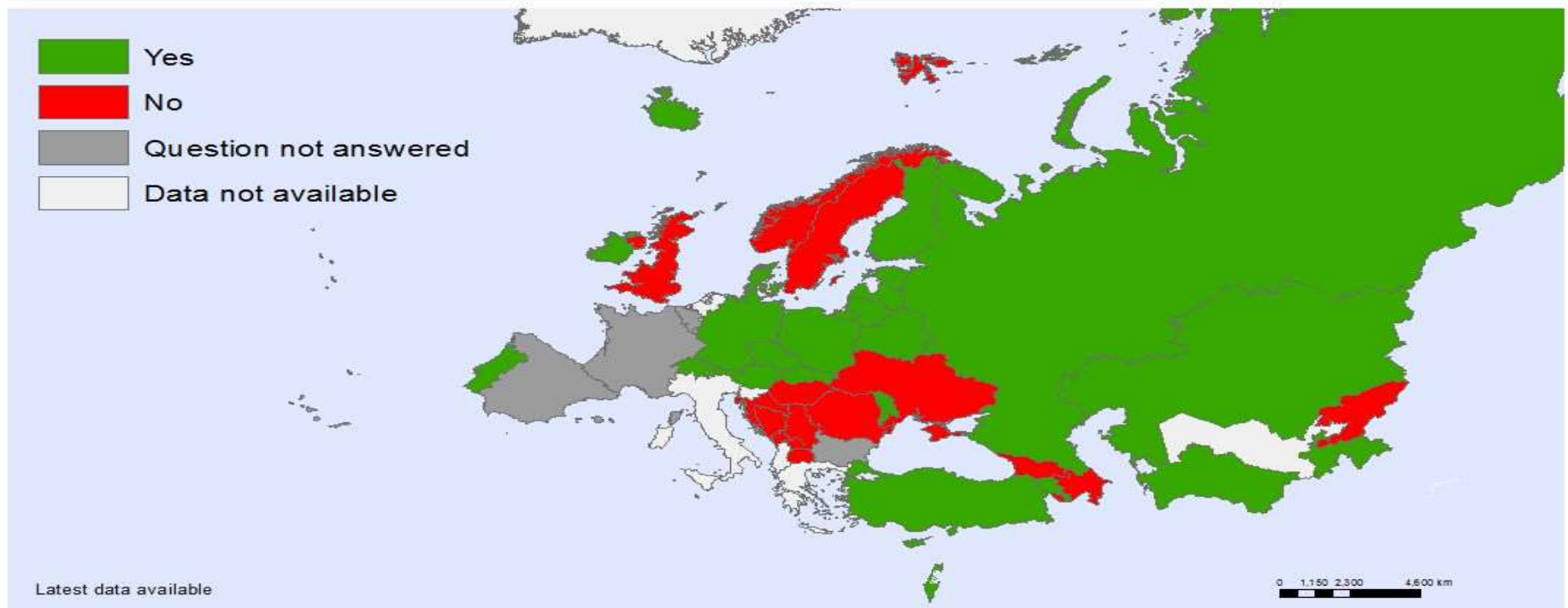
What do we do? In a nutshell...

- Supporting countries in CAH
 - Strategy, monitoring, providing data, technical support
- Quality of care
 - Standards of care, guidelines, assessments, improvement processes
- Early childhood development
 - Framework, developmental monitoring
- Adolescents
 - HBSC
 - EU Teach
 - **School health: SHE**

Some school and adolescent health related activities

- Standards for health promoting schools
- Standards for school health services
- Health literacy
- Youth participation
- Linking HBSC to SHE in countries
- EU Teach
- European adaptation of the AA-HA! framework

3.36 Do you have a national strategy on health promoting schools?



The boundaries and names shown and the designations used on this map do not imply the expression of an opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

Source: Baseline survey on the implementation of the European child and adolescent health strategy 2015 - 2020.
Map Production: Division of Information, Evidence, Research and Innovation, World Health Organization Regional Office for Europe.

Make *Every* School a Health Promoting School!

Global Standard for Health Promoting Schools
Implementation guidance

M&E platform



Global Standards' domains

School policies

- nutrition
- substance use
- mental health
- SRH
- bullying and other forms of violence
- ...

School physical environment

- safe playgrounds
- air quality
- WASH
- ...

School curriculum

- life skills health education
- sexuality education

School-based and school-linked health services

- mental health
- SRH
- substance use
- chronic conditions
- ...

Equity and school ethos

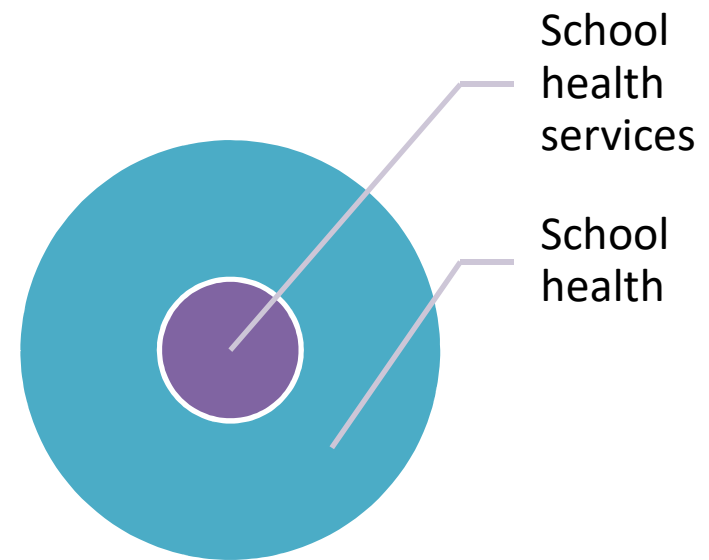
- non-discrimination
- inclusiveness and tolerance
- ...

Community involvement

- parents
- local authorities
- community groups
- police
- social services
- ...

What are school health services?

- A **school health** programme can be defined as the strategies, activities, and services offered by, in, or in association with schools that are designed to promote students' physical, emotional, and social development
- **School health services** - health services provided to enrolled students by health care and/or allied professional(s), irrespective of the site of service provision; the services should be mandated by a formal arrangement between the educational institution and the provider health care organization.



Global Overview of School Health Services: Data from 102 Countries

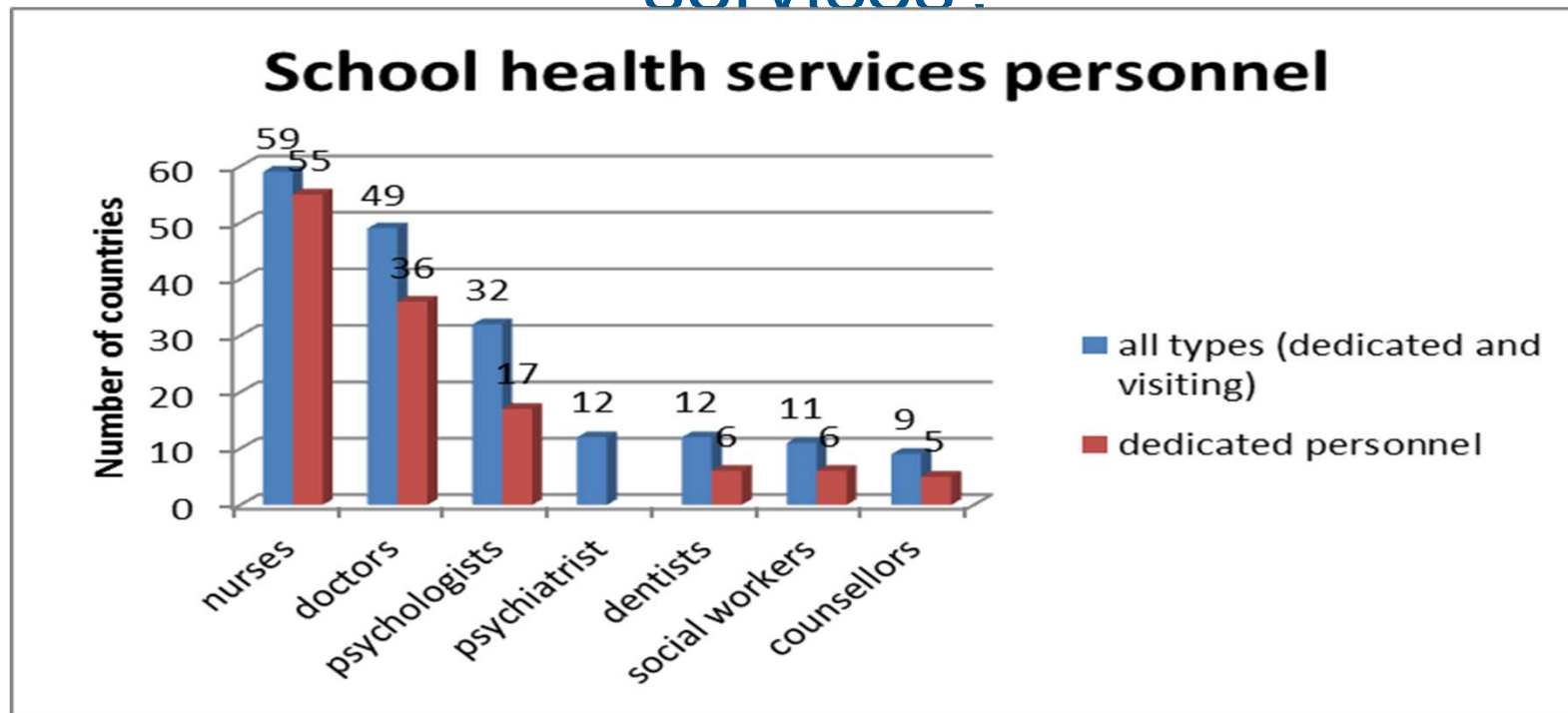
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Objective: The objective of this paper was to produce a global inventory of school health services and describe characteristics such as target group, providers, staffing level, services, settings, and organizational challenges. **Methods:** The literature in PubMed and other sources were reviewed using an explicit methodology. **Results:** School health services exist in at least 102 countries. Usually services are provided within school premises (97 countries), by dedicated school health personnel (59 countries). Services are provided in 16 areas; the top 5 interventions include vaccinations, sexual and reproductive health education, vision screening, nutrition screening, and nutrition health education. **Conclusions:** Important areas such as mental health, injury and violence prevention may not be given sufficient consideration in routine service provision. We advance several recommendations for research, policy, and practice.

Key words: school health services; school health; adolescent health
Health Behavior & Policy Review. 2015;2(4):268-283
DOI: <http://dx.doi.org/10.14485/HBPR.2.4.4>



Who are the providers of school health services?



Details matter...

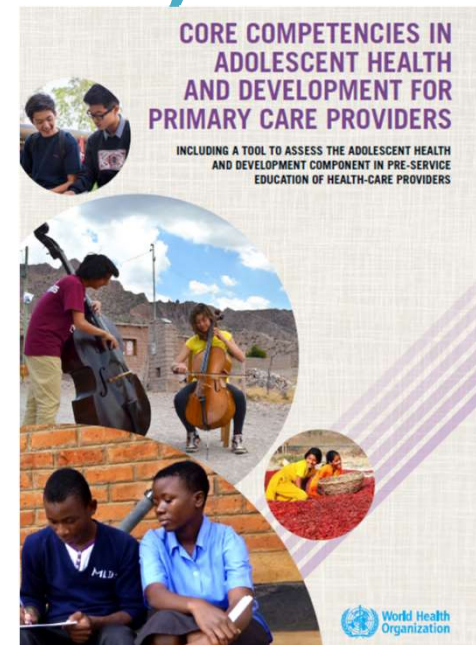


What school health services do we need?

- Old model
 - Relying on screening
 - Administrative: lot of forms and paper work
- New model
 - Providing services which children need
 - Easy access
 - Based on individual response, counselling
 - Bound by principles of adolescent-friendly health services: confidentiality, patient-centred care
- Interaction between promotion and care, education and services

Training in adolescent health competencies (EU Teach)

- Adolescent Development
- Public Health
- Ethics
- Health promotion
- The adolescent at the Primary Care Sector
- Sexual Health
- Chronic conditions
- Addictions
- Mental Health
- Eating Disorders and Obesity
- School Health
- Physical Activity



Summary

- **Schools for health and school health services are an important component of our work**
- **Global strategies and action plans provide guidance to countries for developing their own approaches to children's and adolescent's health**
- **HBSC provides crucial health related data on young adolescents relevant for policy decisions and strategy development**
- **Schools for Health in Europe is our key partner**